Abstract: Mesenchymal chondrosarcoma is an infrequent malignancy of bone and soft tissue, characterized by its peculiar bimorphic histological pattern. The use of fine-needle aspiration (FNA) in the diagnosis of bone tumors is controversial. A 31-year-old woman presented with a mandibular lesion detected on routine examination for orthodontic treatment. Radiography revealed an ill-defined mixed radiolucency in the premolar region of the right mandible with invasive characteristics such as root resorption and widening of the periodontal ligament space of neighboring teeth. Blood clots obtained at FNA were fixed in formalin and exhibited spindle cells surrounding islands of pleomorphic chondroblasts against a bloody background. Histopathologically, clusters of spindle cells juxtaposed with mesenchymal tissue were detected, with a large hemangiopericytomatous component. In the present case, cytological findings combined with clinical and radiological data provided valuable information in establishing the diagnosis of malignancy and in planning further procedures and treatment. (J Oral Sci 53, 245-247, 2011)

Keywords: blood clot; fine needle aspiration biopsy; hemangiopericytomatous pattern; mandible; mesenchymal chondrosarcoma.

Introduction
Mesenchymal chondrosarcoma (MC) is an infrequent neoplasm involving bone and soft tissue. It represents approximately 1% of all chondrosarcomas (1). Described in 1959 (2), MC is characterized by a biphasic pattern consisting of areas of hyaline cartilage mixed with small cell malignancy. The relative amount of cartilage and the hemangiopericytomatous pattern vary considerably. Few cases have been reported in the jaw bones, and those that do occur in this region are usually seen in younger people (second to third decades), equally affecting both genders and both bones of the jaw (3,4). MC of the jaw demonstrates indolent behavior compared with lesions from other anatomic locations, with average 5-year and 10-year survival rates of 82% and 56%, respectively, in contrast with 54.6% to 27.3% for MC in general (3). No difference is described in the histological features between the indolent and rapid clinical course (10).

Efficiency of fine needle aspiration (FNA) biopsy in the diagnose of mesenchymal chondrosarcoma has been demonstrated by detecting cytological findings against a background of basophilic extracellular matrix (6). The material aspirated from the lesion has a high blood content and can be processed as a tissue biopsy (9). In the present case, formalin-fixed blood clots from FNA biopsy were suspicious of malignancy. This procedure, together with the clinical presentation and radiographic features, provided valuable information for planning further surgical procedures and treatment.

Case Report
A 31-year-old woman was referred for examination of a mandibular lesion detected on routine examination for
orthodontic treatment. No abnormality was apparent on clinical examination. Radiography (panoramic and periapical) revealed an ill-defined radiolucency in the premolar region of the right mandible; the lesion exhibited invasive characteristics such as root resorption and widening of the periodontal ligament space of neighboring teeth (Figs. 1 and 2). Based on the clinical and radiographic findings, FNA biopsy was conducted. Cytological smears consisted mostly of blood cells and a few spindle cells showing pleomorphic changes (Fig. 3A). When the blood clot obtained at FNA was fixed in formalin and processed, it revealed islands of spindle cells, surrounded by mesenchymal cells and a large hemangiopericytomatous component. Aspirated cells also showed hyperchromatic nuclei (Fig. 3B). Chondroid islands were also seen.

We were suspicious of chondroid malignancy on the basis of the cytological findings and clinical and radiographic data. An incisional biopsy was therefore performed, which revealed a bimorphic pattern with focal areas of relatively mature cartilage formation and other areas of highly cellular tissue composed of small round or spindle-shaped cells (Fig. 3C). A prominent hemangiopericytoma-like pattern with numerous capillary channels was evident. Areas of calcification were also identified. A diagnosis of mesenchymal chondrosarcoma was established. The patient underwent radical resection of the mandible. The resected tumor specimen showed predominant cartilaginous component. No tumor tissue was detected in regional lymph nodes. The patient is free of disease 3 years after treatment.

**Discussion**

The use of FNA in the diagnosis of bone tumor is controversial. Here we have presented a case of MC with cytological findings. Blood clots obtained at FNA were fixed in formalin and processed as for tissue biopsies, revealing cytological findings suspicious of chondroid
malignancy. First described in 1973 (8), FNA is a safe, cost-effective procedure, and provides reliable information in the diagnosis of various solid tissue neoplasms. However, its role in the diagnosis of bone tumors remains controversial (6). Some studies have noted that FNA has high sensitivity and specificity in the diagnosis of bone neoplasms (7), whereas others have shown that it is more effective in the diagnosis of recurrence or metastasis (5). It is considered to have high diagnostic accuracy when used in conjunction with radiographic and clinical findings (6,7).

In the current case, a young woman was referred for examination of a mandibular lesion. Radiography revealed an ill-defined mixed radiolucency in the right mandible with features of invasive behavior such as root resorption and widening of the periodontal ligament space of neighboring teeth. Processing of the blood clots as tissue biopsies revealed islands of pleomorphic cells arranged in nodules and showing osteo-cartilaginous differentiation as well as cells with hyperchromatic nuclei. Histopathological findings showed a bimorphic pattern composed of undifferentiated spindle cells and well-defined nodules of cartilaginous tissue with a hemangiopericytomatous pattern.

In the present case, cytological findings from formalin-fixed blood clots together with clinical and radiographic data suggested a chondroid malignancy in the mandible. Although the use of FNA for diagnosis of solid bone tumors is restricted, processing of blood clots in the present case combined with clinical and radiological data provided valuable information in establishing the diagnosis of malignancy and in planning further procedures and treatment.

Acknowledgments

The authors would like to thank Dr. Krishman K. Unni from the Mayo Clinic, Rochester, Minnesota, USA, for reviewing this case.

References

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